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Reference:  
"Helping Kids Choose Life" Resource  
Mr Des Bowman  
Author-Speaker  
[www.desbowman.com.au](http://www.desbowman.com.au)

To Whom It May Concern,

Recently it was recommended to me by a friend and supporter of the University of the Sunshine Coast to contact Sunshine Coast author and speaker Mr Des Bowman in regards to a resource he had been developing for schools and employees in the workplace.

I had the opportunity then to meet with Mr Bowman and his wife Ann when they invited me to view a short film they had produced titled "Darkness into Light."

The PowerPoint Presentation Mr Bowman has produced, as well as the film, as confronting as they were, gave me a greater understanding as to why some people may develop violent, substance abusive behaviours, and mental illnesses that may also lead to self-harm and suicide.

This film and the books that Mr Bowman has produced and written have come about due to his own personal experiences as a young boy, and I have no doubt that secondary school children and many adults in the workplace would benefit greatly from these resources. I consider them to be a valuable tool in helping to prevent many incidents of Domestic Violence in the future as well as incidents of drug abuse and violence against others as well as reducing suicides which seem to be on the increase.



Professor Greg Hill  
Vice-Chancellor and President  
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